

7th Grade: Marut Syllabus

Core Reference Books

Purna Vidya Book 7: Isvara Religious Discipline

A Children's History of India (Distributed in 4th Grade)

In Indian Culture Why do we...

Gita for Children

#	Purna Vidya	Why do we question(s) of day	Indian History	Gita
1	Introduction to Ishvara	Why do we light a lamp? / Why do we have a prayer room?	Trade history of India	Arjuna's grief
2	Ishvara as the Elements	Why do we do namaste? / Why do we prostrate before parents and elders?	Introduction to The British Rule	Saankya Yoga
3	Three forms of the Lord	Why do we wear marks on the forehead? / Why do we not touch papers, books and people with the feet?	Wars Around World and British Establishment in India	Karma Yoga
4	Ishta Devatas	Why do we not apply the holy ash? / Why do we offer food to the lord before eating?	Company Bahadur - Governance Structure Changes in India	Renunciation of Action through Knowledge
5	The Planetary Deities	Why do we do pradaksina? / Why do we regard trees and plants as sacred?	A Time of Change - Life in India	True Renunciation
6	Lord Dakshinamurti	Why do we fast?	The Great Uprising - Revolts	Self Control/Meditation
7	The symbol worship of Ishvara	Why do we ring the bell at the Temple?	Revolutionaries of India against British rule 1880 -1858	Knowledge and Wisdom
8	Devotion	Why do we worship the kalasa?	A Sleeping Giant Awakens	Imperishable Brahman
9	Devotion	Why do we worship Tulasi?	Raise of Nationalism in India	Royal Knowledge/Royal Secret
10	Surrender	Why do we consider the Lotus special?	Satyagraha - Non-Cooperation Movement	Yoga of divine glories
11	Prayer	Why do we blow the conch?	March to Dandi - Civil Disobedience	Vision of the Divine Cosmic Form
12	Lord appreciated through Upasanaas	Why do we say santi thrice?	Leaders of India against British rule 1859 - 1947	Yoga of Devotion
13	The meaning of OM	Why do we offer coconut?	Final March to Freedom - Independence & Partition	Yoga of distinction between Field and its Knower
14	Performing 16 step pooja	Why do we chant Om?	Impact of British Rule	Yoga of three Gunas, Yoga of Supreme Spirit
15	Introduction to Religious disciplines and vows	Why do we do Aarti?	Group Projects	Yoga of Threefold Faith, Distinction between them, Yoga of liberation through Renunciation
16	Team Projects / Test	Team Projects / Test	Team Projects / Test	Team Projects / Test